

## Protect Yourself From COVID-19

# Access VA Care From Home

The U.S. Department of Veterans Affairs is committed to providing high-quality care while keeping Veterans safe from COVID-19. Here are some ways to prevent COVID-19 exposure or transmission by accessing VA care from home:



### **Video or Telephone Appointments**

Rather than going to a VA facility, you can receive care at home with a video or phone appointment. To set up a VA Video Connect or phone appointment, send your provider a secure message on My HealtheVet. To learn more about VA Video Connect, visit [mobile.va.gov/app/va-video-connect](https://mobile.va.gov/app/va-video-connect).



### **Prescription Refills**

Request prescription refills and order and ship medications to your home using My HealtheVet or the Rx Refill mobile app. Download the app at [mobile.va.gov/app/rx-refill](https://mobile.va.gov/app/rx-refill).



### **Text Message Reminders**

Annie's Coronavirus Precautions protocol sends you automated text messages with information about COVID-19, helps you monitor for symptoms, and can assist you if you need to contact your VA facility for care. Enroll at [mobile.va.gov/annie](https://mobile.va.gov/annie).



### **Secure Messaging**

With My HealtheVet, VA's online patient portal, you can send online secure messages to your VA health care team to ask them nonurgent health questions. Register at [myhealth.va.gov](https://myhealth.va.gov).



### **Home Telehealth**

For Veterans recommended for home isolation or quarantine, your provider may use remote monitoring devices to assess your condition while you're at home. Learn more about home telehealth at [telehealth.va.gov/type/home](https://telehealth.va.gov/type/home).

If you're **experiencing a fever, a cough, or shortness of breath**, contact your VA facility as soon as possible.

Find contact information for your VA facility at [va.gov/find-locations](https://va.gov/find-locations).

For the most up-to-date information on COVID-19, please visit:

[cdc.gov/coronavirus](https://cdc.gov/coronavirus) | [va.gov/coronavirus](https://va.gov/coronavirus)



VA



U.S. Department  
of Veterans Affairs